

UNDER BRITISH CYCLING REGULATIONS

AIREDALE OLYMPIC CYCLING CLUB – RELIABILITY RIDE 2020

RIDER BRIEFING, GUIDELINES, RISK ASSESSMENT AND DECLARATION

Briefing

The Airedale Olympic Reliability Ride is a non-competitive challenge ride, the requirement being only that the participant rides the specified route within a period of approximately 3.5 hours.

Details of the 70 km and 49 km routes are published on the website of Airedale Olympic Cycling Club and are available for reference at via <https://ridewithgps.com/routes/17780091> and <https://ridewithgps.com/routes/29059121> and at the start point of the ride. The route is not way-marked or marshalled. It is the responsibility of the participant to navigate the route.

The ride starts at 0930 and finishes at 1300. The ride is not timed and there are no places or results. Riders may depart in small groups at two minute intervals from 0930. Refreshments and the church hall at the finish are kindly provided by volunteers of the Holy Trinity Church, Knaresborough.

All participants must enter the ride by completion of the signing on sheet and payment of the entry fee of £4.00. In doing so, each rider agrees to the **Participants' Declaration**, which is set out below.

Important – All under 16s must be accompanied by a parent or guardian. All under 18s must provide a consent form completed by their parent or guardian.

Entry is at the participant's own risk. The promoter, promoting club/organisation, British Cycling or any event official or member of British Cycling or member of the promoting club/organisation accept no liability whatsoever in respect of any injury, loss or damage suffered by participants in or by reason of the event however caused.

Guidelines

All participants must ride in an orderly manner in accordance with the Highway Code, not more than two abreast, as appropriate to traffic conditions and extend all courtesy to other road users. Please allow cars to pass and avoid riding in very large groups.

There is no refreshment, first aid or mechanical support provided on the ride. Participants are advised to carry:

- Identification showing their name, address and the contact details of a person to be advised in the event of an accident.
- Food, drink, money, mobile phone, appropriate spares, tools and clothing to complete the ride.

The use of earphones or tri-bars is strongly discouraged. Participants are strongly encouraged to wear a helmet.

Remember - The Reliability Ride is run on public roads and all participants are expected to obey the Highway Code. Participants represent Airedale Olympic Cycling Club, reliability rides and cycling in general. Inconsiderate or illegal riding could lead to this or other events being cancelled in future.

Participants' Declaration

"I agree to abide by the British Cycling Regulations for non-competitive cycling events, and understand and agree that I participate in this event entirely at my own risk, that I must rely on my own ability in dealing with all hazards, and that I must ride in a manner which is safe to myself and others. I am aware that when riding on a public highway the function of marshals is only to indicate direction and that I must decide whether the movement is safe. I agree that no liability whatsoever shall attach to the promoter, promoting club/Organisation, event sponsor, British Cycling or any event official or member of British Cycling or member of the promoting club/organisation in respect of any injury, loss or damage suffered by me in or by reason of the event however caused. I will participate in cycling events in a loyal and sporting manner. I will submit to disciplinary measures taken against me and will take any appeals and litigation to the authorities provided for in the Regulations. Subject to that reservation, I shall submit to any dispute that may arise exclusively to the courts. I have read and agree to abide by the above declarations".

Risk Assessment

The reliability ride is run on public roads open to all users. Risks inherent to any cycle activity undertaken on open public roads include, but are not limited to, the following:

- Poor road surface (potholes, gravel, sand, mud, water, etc)
- Inclement weather conditions (rain, wind, fog, snow, etc)
- Animals on the highway
- Junctions and crossings
- Gradients, corners and bends which may restrict visibility
- Gradients, corners and bends which may affect speed or line of travel
- Other cyclists
- Pedestrians walking along or crossing the highway
- Vehicles entering or leaving the highway, starting or stopping
- Vehicles approach from behind or on-coming
- Mechanical malfunction of cycle
- Ill health of rider

All participants must be aware of all inherent and potential risks of cycling and ensure they are adequately experienced, prepared and equipped to safely participate in this event. Participants to ensure their own cycle is fully roadworthy.

Specific Warnings and Advice

A risk assessment of the route has been undertaken and is available for inspection at sign-on. Specific advice in response to this risk assessment is set out below.

Approx. distance (m)	Location	Hazard	Advice	
7.4	B6451 / A59 crossroad	Cross A59 main road	Take extra care	
11.0	B6451 (Dacre)	Poor road surface	Take extra care	
11.9	Summerbridge junction	Right turn at crossroad	Take extra care	
22.5	-	B6265 junction	Right turn, limited visibility	Take extra care
26.9	-	Kirkby Malzeard crossroad	Right turn, limited visibility	Take extra care
28.2	-		Right turn, limited visibility	Take extra care
32.7	-	Ripon town centre One-way system	Take extra care, obey signals Follow route via Park Street, Firby Lane, Somerset Row and Water Skellgate.	
33.5	-	Bondgate / Newton Gardens	Right turn, limited visibility	Take extra care
33.9	-	Knaresborough Road / A61	Cross A61 main road	Take extra care
-	21.9	Minor road / A61	Cross A61 main road	Take extra care
39.1	25.7	Before Copgrove	Right turn, limited visibility	Take extra care
40.0	26.6	Copgrove Lane	Right turn, limited visibility	Take extra care
41.0	27.6	Farnham Lane crossroad	Cross road	Take extra care
42.0	28.6	Farnham Lane / Boroughbridge Rd	Right turn onto main road	Take extra care
43.0	29.5	Knaresborough town centre	Town centre activity	Take extra care, obey signals Follow route via Stockwell Road, Park Row and Gracious Street.
43.6	30	Holy Trinity Church	Cobbles	Take extra care

Course ridden for risk assessment 7/12/19. Pre-event verification PENDING.